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Title: FIGHTING IS AN ART

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Lesson One: In fighting, thou must never lose, no matter what thou must do. Anyone fighting thee is an enemy. An enemy must be destroyed. During battle thou wilt be confronted by thine enemy. Thou must defeat him, or thou wilt bring disgrace upon thyself, thy clan, and thy trainer. Battles are always on the horizon. Thou must train hard, and work thyself hard. Thou must think battle, eat battle, sleep battle if thou dost expect to be victorious. Those warriors who do not think they can do this should contemplate another line of work.

Knowing thy weapon is the greatest value. Be it sword, mace, or bow, thou must train with it until mastery if thou dost want to be a true warrior. If thou hast not the time or the mind to train in this fashion then thou shouldst perhaps train with the shovel and the carrying of animal wastes from the fields instead. It is better for thee to serve thy clan as best as thou canst, though it be a less than knight-worthy post, than for thee to run in battle and endanger thy comrades.

Anyone caught running away from a battle

should be put to the sword immediately, lest others feel that they may let their womanish fears prevail. The true knight is not he who fights battles, but he who relishes in the spilling of blood. He who is enthralled with the smell of a bowel split wide, or the sight of anothers' blood staining his sword and armour, should be praised above all. This is what a true knight seeks. He is a true master in the arts of fighting.